購買：新鮮、在地種植的蔬果、香料（蜂蜜僅限供應給長者計劃）
時間：6月1日至11月30日
地點：本指南中列出的農夫市集和農場攤位
使用方式：直接使用您的Produce Plus福利卡或卡號（福利卡背面條形碼下的12位代碼）並直接向農夫攤主兌換
### Produce Plus, WIC and Senior FARMERS MARKET

**BENEFITS ACCEPTED HERE**

Produce Plus, WIC and Senior FMNP benefits can be spent on fresh, locally grown fruits, vegetables & cut herbs sold by approved farmers. Senior FMNP benefits ONLY can also be spent on honey!

If you need any assistance, please ask the market staff or:

- **(202) 888-4834**
- **produceplus@freshfarm.org**

---

### How to Use This Guide

Please refer to the following examples on how to read the market lists. Markets are first listed by Ward 1-8, then by market day (Saturday through Friday), and finally by alphabetical order.

**Listed by Ward: 1-8**

**WARD 1 FARMERS MARKETS**

<table>
<thead>
<tr>
<th>NAME</th>
<th>LOCATION</th>
<th>HOURS BY DAY OF THE WEEK</th>
<th>OPERATION BY MONTH</th>
<th>WEBSITE (IF AVAILABLE)</th>
<th>TRANSPORTATION INFORMATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>14 &amp; U Farmers Market</strong></td>
<td><strong>2000 14th St NW</strong></td>
<td><strong>Sat, 9 AM–1 PM</strong></td>
<td><strong>June–Nov 18</strong></td>
<td><strong>Marketsandmore.info</strong></td>
<td>**＄ M C ** COLUMBIA HEIGHTS</td>
</tr>
</tbody>
</table>

**AUTHORIZED FARMERS**

Garner's Produce • McCleaf's Orchard • Shenandoah Seasonal

---

Produce Plus计划由哥伦比亚特区卫生署资助并由FRESHFARM管理。Produce Plus为当地种植的蔬菜水果提供健康营养，帮助哥伦比亚特区居民。Produce Plus每年从6月初开始到11月底结束。

该机构是平等机会提供者。
WARD 1 FARMERS MARKETS

14 & U Farmers Market
2000 14th St NW
Sat, 9 AM–1 PM
June–Nov 18
Marketsandmore.info

FRESHFARM Columbia Heights Farmers Market (Saturday)
Park Road NW and 14th St NW
Sat, 10 AM–1 PM (Jan–March)
Sat, 9 AM–1 PM (April–Dec)
Freshfarm.org

Common Good City Farm
300 V St NW
Wed, 3:30 PM–6:30 PM
May 3–Oct 25
commongoodcityfarm.org

Adams Morgan Farmers Market
Unity Park, Euclid St and Columbia Rd NW
Sat, 8:30 AM–1 PM
May 6–Dec 23
lickingcreekbendfarm.com

PARTICIPATING FARMS
Garner's Produce • McCleaf's Orchard • Shenandoah Seasonal

FRESHFARM Columbia Heights Farmers Market (Wednesday)
Park Road NW and 14th St NW
Wed, 3 PM–7 PM
May 3–Nov 22
freshfarm.org

PARTICIPATING FARMS
78 Acres • Pleitez Produce

Mt. Pleasant Farmers Market
3200 Mount Pleasant St NW
Sat, 10 AM–1 PM (Jan–March)
Sat, 9 AM–1 PM (April–Dec)
facebook.com/MtPFarMar

FRESHFARM Dupont Circle Farmers Market
1600 20th St NW
Sun, 8:30 AM–1:30 PM (Jan–Dec)
Freshfarm.org

PARTICIPATING FARMS
Anchor Nursery • Black Rock Orchard • Chicano Sol • Dodo Farms • Deep Roots Farm • Gardeners Gourmet • Garner’s Produce • New Morning Farm • Pleitez Produce • Potomac Vegetable Farms • Quaker Valley Orchards • Shenandoah Seasonal • Spring Valley Farm • Toigo Orchards • Twin Springs Fruit Farm

FRESHFARM CityCenter Farmers Market
1098 New York Ave NW
Tues, 11 AM–2 PM
June 1–Oct 31
Freshfarm.org

PARTICIPATING FARMS
Barajas Produce • Mickley’s Orchard

FRESHFARM Foggy Bottom Farmers Market
23rd St & I St NW
Wed, 2 PM–6 PM (Jan–March)
Wed, 3 PM–7 PM (April–Dec)
Freshfarm.org

PARTICIPATING FARMS
Barajas Produce • Quaker Valley Orchards

WARD 2 FARMERS MARKETS

FRESHFARM Dupont Circle Farmers Market
1600 20th St NW
Sun, 8:30 AM–1:30 PM (Jan–Dec)
Freshfarm.org

$ Dupont Circle
42, N2, N4, N6, D6

PARTICIPATING FARMS
Anchor Nursery • Black Rock Orchard • Chicano Sol • Dodo Farms • Deep Roots Farm • Gardeners Gourmet • Garner’s Produce • New Morning Farm • Pleitez Produce • Potomac Vegetable Farms • Quaker Valley Orchards • Shenandoah Seasonal • Spring Valley Farm • Toigo Orchards • Twin Springs Fruit Farm

FRESHFARM CityCenter Farmers Market
1098 New York Ave NW
Tues, 11 AM–2 PM
June 1–Oct 31
Freshfarm.org

$ Gallery PL-Chinatown
G8, X2, 63, S2

PARTICIPATING FARMS
Barajas Produce • Mickley’s Orchard

FRESHFARM Foggy Bottom Farmers Market
23rd St & I St NW
Wed, 2 PM–6 PM (Jan–March)
Wed, 3 PM–7 PM (April–Dec)
Freshfarm.org

$ Foggy Bottom-GWU
32, 33, 36

PARTICIPATING FARMS
Barajas Produce • Quaker Valley Orchards
WARD 2 FARMERS MARKETS

Rose Park Farmers Market
26th St NW and O St NW
Wed, 3–7 PM
May 3–Oct 25
Roseparkdc.org

FRESHFARM By The White House Farmers Market
810 Vermont Ave NW
Thurs, 11 AM–2 PM
April–Nov 16
Freshfarm.org

FRESHFARM Penn Quarter Farmers Market
801 F St NW
Thurs, 3 PM–7 PM
April–Nov 16
Freshfarm.org

PARTICIPATING FARMS
Anchor Nursery • Quaker Valley Orchard

Arcadia Market–Chinatown
800 6th Street NW
(Wah Luck House)
Thurs, 10 AM–1 PM
June 1–Dec 21
Arcadiafood.org

PARTICIPATING FARMS
Arcadia

WARD 3 FARMERS MARKETS

FRESHFARM Cleveland Park Market
3426 Connecticut Ave NW
Sat, 9 AM–1 PM
May 13–Dec 16
Freshfarm.org

PARTICIPATING FARMS
Garners Produce • Kuhn Orchards

Maret Schools Farmers Market
3000 Cathedral Ave NW
Sat, 9 AM–1 PM (Jan–Dec)
twinspringsfruitfarm.com/market-schedule

PARTICIPATING FARMS
Twin Springs Fruit Farm

Van Ness Farmers Market
4200 Connecticut Ave NW
(in front of UDC Student Center)
Sat, 9 AM–1 PM
April–Nov 16
sites.google.com/view/udcvannessfarmersmarket/home

PARTICIPATING FARMS
Flores Produce

Sheridan School Farmers Market
4400 36th St NW
Tues, 3 PM–7 PM (Jun 6–Sept 26)
Sat, 8 AM–1 PM (April–Dec 19)
newmorningfarm.net

PARTICIPATING FARMS
New Morning Farm

Palisades Farmers Market
48th Pl & MacArthur Blvd NW
Sun, 9 AM–1 PM (Jan–Dec)
http://palisadesfarmersmarket.com

PARTICIPATING FARMS
Fajardo Produce • Garners Produce • Kuhn Orchards
WARD 4 FARMERS MARKETS

FRESHFARM Petworth Farmers Market
9th St & Upshur St NW
Sat, 9 AM–1 PM
May–Nov 18
Freshfarm.org

$ GEORGIA AVE-PETWORTH
60, 70, 79

PARTICIPATING FARMS
Fajardo Produce • Kuhn Orchards •
Open Book Farm • Owl’s Nest Farm

FRESHFARM Uptown Farmers Market
5501 Colorado Ave NW,
14th & Kennedy St NW
Sat, 9 AM–1 PM
May–Nov 18
Freshfarm.org

$ E4, 52, 54, D34

PARTICIPATING FARMS
McCleaf’s Orchard • Zamora Produce

WARD 5 FARMERS MARKETS

FRESHFARM Monroe St Farmers Market
Brookland Arts Walk & Plaza
716 Monroe St NE
Sat, 10 AM–1 PM (Jan–March)
Sat, 9 AM–1 PM (April–Dec)
Freshfarm.org

$ BROOKLAND-CUA
80, G8, H2, H4

PARTICIPATING FARMS
78 Acres • G & B Diaz Farm • Zamora Produce

Bloomingdale Farmers Market
100 R St NW
Sun, 9 AM–1 PM
June–Dec 17
Marketsandmore.info

$ 90, 92

PARTICIPATING FARMS
Garner’s Produce • Reid’s Orchard •
Shenandoah Seasonal

Brookland Farmers Market
10th & Otis St NE
Tue, 4 PM–7 PM
May–Dec 23
Lickingcreekbendfarm.com

PM BROOKLAND-CUA
80, G8, H2, H4

PARTICIPATING FARMS
Licking Creek Bend

Arcadia Market–Edgewood
Edgewood St NE & Evarts St NE
Fri, 3 PM–6 PM
June 2–Dec 22
Arcadiafood.org

$ PM RHODE ISLAND AVE- BREVANDWOOD
D8, G8

PARTICIPATING FARMS
Arcadia

NoMa Farmers Market
227 Harry Thomas Way NE,
Althea Tanner Park
Thurs, 4 PM–8 PM
May 4–Oct 19

PM NOMA-GALLAUDET
90, 92, P6

PARTICIPATING FARMS
Ashton Farms
**WARD 6 FARMERS MARKETS**

**Eastern Market**
225 7th St SE  
Sat, 9 AM–3:30 PM (Jan–Dec)  
Sun, 9 AM–3:30 PM (Jan–Dec)  
Easternmarket-dc.org

- **Metro line + closest station**: MET-06  
- **Bus routes**: 6, 90, 92

**FARMING FARMERS MARKETS**
Ashton Farms • Gardeners Gourmet • Knopp Farms • Knopp Farms on the Shore

**Farmers Market SW**
4th St & M St SW  
Sat, 9 AM–1 PM  
April–Nov 25  
Marketswadc.com

- **Metro line + closest station**: MET-06  
- **Bus routes**: 74, P6, 74, 612

**FARMING FARMERS MARKETS**
Ashton Farms • Ochoa Produce

**FRESHFARM H St Farmers Market**
800 13th St NE  
Sat, 9 AM–1 PM  
April–Dec 23  
Freshfarm.org

- **Metro line + closest station**: X2, H/BENNING LINE

**FARMING FARMERS MARKETS**
Deep Roots Farm • Quaker Valley Orchards • Richfield Farm

**Half St Farmers Market**
1250 Half Street SE  
Sat, 9 AM–1:30 PM  
May–Dec 16  
centralfarmmarkets.com/half-street

- **Metro line + closest station**: NAV-06  
- **Bus routes**: 612, P6, V4, 735, 850

**FARMING FARMERS MARKETS**
Toigo Orchards

**FRESHFARM Mt. Vernon Triangle Farmers Market**
4th & I St NW  
Sat, 9 AM–1 PM (Jan–Dec)  
Freshfarm.org

- **Metro line + closest station**: 220, 240, 260, D4, P6

**FARMING FARMERS MARKETS**
Black Rock Orchard • Pleitez Produce

**Watkins Farm Stand**
1300 E St SE  
Wed, 3–7 PM  
June 6–Oct 25  
deeprootsfarms.us/markets

- **Metro line + closest station**: POT-06  
- **Bus routes**: 32, 36

**FARMING FARMERS MARKETS**
Deep Roots Farm

**FRESHFARM Cesar Chavez Farm Stand**
700 Parkside Pl NE  
Sat, 9 AM–1 PM  
June 3–Nov 18  
Freshfarm.org

- **Metro line + closest station**: MIN-06  
- **Bus routes**: U7

**FARMING FARMERS MARKETS**
Barajas Produce

**FRESHFARM Kenilworth Rec Center Farm Stand**
4321 Ord St NE  
Sat, 9 AM – 1 PM  
June 3 – Nov 18  
Freshfarm.org

- **Metro line + closest station**: UN-06

**FARMING FARMERS MARKETS**
Barajas Produce

**WARD 7 FARMERS MARKETS**

**Arcadia Market–Deanwood**
48th St NE & Minnesota Ave NE  
(Rec Center)  
Sat, 10 AM–1 PM  
June 3–Dec 23  
Arcadiafood.org

- **Metro line + closest station**: DWT-06  
- **Bus routes**: R12, U7, V14, W4

**FARMING FARMERS MARKETS**
Arcadia

**Arcadia Market–Fort Dupont**
4403 Bowen Rd SE  
Sat, 10 AM -1 PM  
June 3–Dec 23  
Arcadiafood.org

- **Metro line + closest station**: DWT-06  
- **Bus routes**: F14, S35, V7, W4, S35

**FARMING FARMERS MARKETS**
Arcadia

**Arcadia Market–Parkside/ Mayfair**
650 Kenilworth Ter NE  
Wed, 3 PM–6 PM  
June 7–Dec 20  
Arcadiafood.org

- **Metro line + closest station**: MIN-06  
- **Bus routes**: MINNESOTA AVE U7

**FARMING FARMERS MARKETS**
Arcadia

**Dreaming Out Loud’s Kelly Miller Market**
301 49th St NE  
Sat, 10 AM–2 PM  
June 3–Nov 18  
https://dreamingoutloud.org/

- **Metro line + closest station**: U5, U6

**FARMING FARMERS MARKETS**
Dreaming Out Loud - The Farm at Kelly Miller

**FRESHFARM Cesar Chavez Farm Stand**
700 Parkside Pl NE  
Sat, 9 AM–1 PM  
June 3–Nov 18  
Freshfarm.org

- **Metro line + closest station**: U7

**FARMING FARMERS MARKETS**
Barajas Produce

**FRESHFARM Kenilworth Rec Center Farm Stand**
4321 Ord St NE  
Sat, 9 AM – 1 PM  
June 3 – Nov 18  
Freshfarm.org

- **Metro line + closest station**: UN-06
WARD 7 FARMERS MARKETS

FRESHFARM Minnesota Ave Farmers Market
322 40th St NE (East River Park Shopping Mall)
Thurs, 1 PM–4 PM
June 1–Nov 16
Freshfarm.org
$ P M MINNESOTA AVE
V7, V8, U5, U6, U7
PARTICIPATING FARMS
Miller Farms • Weaver Brother

Williams’ Market at RFK Stadium
Oklahoma Ave & Benning Rd NE
(Parking Lot No. 6)
Sat, 8 AM–3 PM
Jun 3–Dec 23
P X2 H/BENNING LINE
PARTICIPATING FARMS
Pleitez Produce

WARD 8 FARMERS MARKETS

C.R.I.S.P Market at THEARC Farm
1901 Mississippi Ave SE
Sat, 10 AM–1 PM
June 3 – Nov 11
bbardc.org/csa/
$ P M SOUTHERN AVE
W1, W2, W3, 32
PARTICIPATING FARMS
THEARC Farm

FRESHFARM Anacostia Community Museum Farm Stand
1901 Fort Pl SE
Sat, 9 AM–1 PM
April–Nov 18
Freshfarm.org
$ P W2, W3
PARTICIPATING FARMS
Barajas Produce

Ward 8 Farmers’ Market (Soul of the City)
Martin Luther King Avenue SE & Elm Street SE
The Barns at St. Elizabeth’s East Campus (Red Lot)
Sat, 10 AM – 2 PM
June 3–Oct 7
Ward8farmersmarket.org
$ P A2, A4, A6, A7, A8, W2, W3
PARTICIPATING FARMS
Harvest to Health

Arcadia Market-Anacostia
1500 Galen St SE
(Unity Health Care)
Thurs, 3 PM–6 PM
June 1–Dec 21
Arcadiafood.org
$ P B2, V2, W8
PARTICIPATING FARMS
Arcadia

Arcadia Market–Oxon Run
Wheeler Rd SE & Valley Ave SE
Fri, 3 PM–6 PM
June 2–Dec 22
Arcadiafood.org
$ P W2, W3, Q6, Q7, W1
PARTICIPATING FARMS
Arcadia

Arcadia Market–Bellevue
115 Atlantic St SW
(Bellevue Library)
Wed, 3 PM–6 PM
June 7–Dec 20
Arcadiafood.org
$ P A4, W1, A8
PARTICIPATING FARMS
Arcadia

SCAN FOR RECIPE IDEAS
https://www.freshfarm.org/recipes
MARYLAND FARMERS MARKETS

**WIC & SENIOR FMNP ONLY**

**Bethesda United Church of Christ Farmers Market**
Fernwood & Democracy Blvd, Bethesda, MD
Thurs & Sat, 9 AM–1 PM (Jan–Dec)
Twinspringsfruitfarm.com

**New Morning Farm**
Taylor Street at Brookville Rd
Chevy Chase, MD
Sat, 8 AM–1 PM (May–Nov)
newmorningfarm.net/markets

**PARTICIPATING FARMS**
New Morning Farm

**Cheverly Community Market**
6401 Forest Rd, Cheverly, MD
Every Other Saturday, 8 AM–12 PM
May–Nov
Cheverlycommunitymarket.org

**Pike Central Farm Market**
910 Rose Ave, N. Bethesda, MD
Sat, 9 AM–1:30 PM
Apr–Dec
centralfarmmarkets.com/pike

**PARTICIPATING FARMS**
Toigo Orchards

**Bethesda Central Farm Market**
7600 Arlington Rd, Bethesda, MD
Sun, 9 AM – 1:30 PM (Jan–Dec)
centralfarmmarkets.com/bethesda

**Greenbelt Farmers Market**
25 Crescent Rd, Greenbelt, MD
Sun, 10 AM–2 PM (May–Nov)
greenbeltfarmersmarket.org

**PARTICIPATING FARMS**
Three Springs Fruit Farm

**Takoma Park Farmers Market**
6931 Laurel Ave, Takoma Park, MD
Sun, 10 AM–2 PM (Jan–Dec)
takomaparkmarket.com

**PARTICIPATING FARMS**
Black Rock Orchard • Fajardo Produce Farm • Potomac Vegetable Farm • Toigo Orchards • Twin Springs Fruit Farm • Waterpenny Farm

**Crossroads Farmers Market**
Ann St at University Blvd East, Takoma Park, MD
Wed, 10:30 AM–2:30 PM
Apr–Nov
crossroadscommunityfoodnetwork.org/farmers-market

**Casey Farmers’ Market**
810 South Frederick Ave, Gaithersburg, MD
Thurs, 11 AM–2:30 PM
May–Nov
gaithersburgmd.gov/recreation/farmers-markets

**FRESHFARM Downtown Silver Spring Farmers Market**
1 Veterans Pl, Silver Spring, MD
Sat, 9 AM–1 PM (Jan–Dec)
freshfarm.org

**PARTICIPATING FARMS**
Barajas Produce LLC • Dodo Farms • Spring Valley Farm & Orchard • Quaker Valley Orchard • Three Springs Fruit Farm

**SCAN FOR MORE INFO ABOUT DC WIC**
https://www.dcwic.org/fmnp

---

Metro line + closest station • Bus routes • Streetcar lines • Public parking available • Location offers a matching program