WIC & SENIOR FARMERS' MARKET NUTRITION PROGRAM (FMNP) & PRODUCE PLUS (PP)

2022 Market Guide

ABOUT YOUR FARMERS MARKET BENEFITS

PRODUCE PLUS (PP)

- **Buy**: Fresh, locally grown fruits & vegetables
- When: Jun 1 Sep 30
- Where: Farm stands listed in this guide (DC only)
- How: Use PP benefits card, participant phone number, or Loyalty Number (12-digit code on back of benefits card).

WIC & SENIOR CHECKS

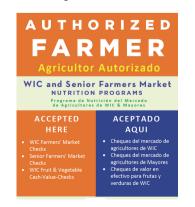
- **Buy:** Fresh, locally grown fruit, vegetables & cut herbs (*honey seniors only*)
- When: Jun 1 Nov 30
- Where: Farm stands listed in this guide
- How: Bring checks to the market (make sure to sign them!) and redeem them directly with farmer during purchase.

All DC markets listed in this guide accept WIC and Senior FMNP checks & Produce Plus

WHAT TO DO AT THE FARMERS MARKET

LOOK FOR POSTER

- Only authorized farmers can accept your farmers market benefits
- Look for the <u>Authorized</u> <u>Farmer</u> or <u>PP Accepted</u> <u>Here</u> sign at the market:



MAXIMIZE YOUR \$

- Ask farmer or market staff about using other payment types (like cash, credit card, SNAP, bonus bucks) with your farmers market benefits
- Some markets double the value of WIC & Senior checks!

QUESTIONS?

Call **202-299-3775**

The institution is an equal opportunity provider.

MAKE YOUR PURCHASE

- You do not need to show ID or WIC folder when using your farmers market benefits.
- If using WIC or Senior checks, you must sign your checks.

INTERACTIVE MAP OF DC MARKET LOCATIONS

tinyurl.com/dcmarkets2022







14 & U Farmers Market 2000 14th St NW Sat, 9 AM - 1 PM April 30 - Nov 19 marketsandmore.info

Garner's Produce

McCleaf's Orchard

Shenandoah Seasonal

FRESHFARM Columbia Heights Farmers Market (Wednesday)

Park Road NW and 14th St NW Wed, 4 - 7 PM May 4 - Oct 12 <u>freshfarm.ora</u>

Mickley's Orchard & Farm Market

Pleitez Produce

NoMa Farmers Market

Althea Tanner Park 227 Harry Thomas Way NE Thurs, 3 PM - 7 PM April 5 - Sept 29

Ashton Farms

WARD 1

Adams Morgan Farmers Market Unity Park Euclid St and Columbia Rd Sat. 8 AM - 1 PM

June 4 - Dec 24 lickingcreekbendfarm.com

🕖 Licking Creek Bend

FRESHFARM Columbia Heights Farmers Market (Saturday)

Park Road NW and 14th St NW Sat, 9 AM - 1 PM April 2 - Dec 31 <u>freshfarm.org</u>



💋 Pleitez Produce

Common Good City Farm 300 V St NW Wed, 3:30 - 6:30 PM April 13 - Oct 26 commongoodcityfarm.org

Common Good City Farm

Mt. Pleasant Farmers Market

3200 Mount Pleasant St NW Sat, 9 AM - 1 PM Jan 1 - Dec 31 <u>facebook.com/MtPFarMar</u>

- Earth Spring Farm, Inc.
- Quaker Valley Orchard
- Reid's Orchard
- Richfield Farm
- 🖉 Truck Patch Farms

WARD 2

FRESHFARM Penn Quarter Farmers Market

801 F Street NW Thurs, 3 PM - 7 PM April 7 - Nov 17 freshfarm.org



FRESHFARM by the White House Market

810 Vermont Ave NW Thurs, 11 AM - 2 PM May 5 - Nov 17 <u>freshfarm.org</u>

FRESHFARM CityCenter Farmers Market 1098 New York Ave NW

[CityCenter Cont'd] Tues, 11 AM - 2 PM May 3 - Oct 25 <u>freshfarm.org</u>

🖉 Barajas Produce

Mickley's Orchard & Farm Market

FRESHFARM Foggy Bottom Farmers Market 23rd St & | St NW

Wed, 3 - 7 PM April 6 - Nov 23 <u>freshfarm.org</u>

Barajas ProduceQuaker Valley Orchards

Rose Park Farmers Market

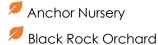
26th St NW and O St NW Wed, 3 - 7 PM May 4 - Aug 31 roseparkdc.org

Anchor Nursery

🖉 Quaker Valley Orchard

FRESHFARM Dupont Circle Farmers Market (Sunday)

1600 20th St NW Sun, 8:30 AM - 1:30 PM Jan 2 - Dec 18 <u>freshfarm.org</u>



Chicano Sol

[Dupont Circle - Sun Cont'd]

- 💋 Dodo Farms
- Deep Roots Farm (WIC/FMNP ONLY)
- 🖉 Gardeners Gourmet
- 🧖 Garner's Produce
- 🖉 New Morning Farm
- Pleitez Produce
- 🖉 Potomac Vegetable Farms
- Quaker Valley Orchards
- 🧖 Shenandoah Seasonal
- 🥭 Spring Valley Farm
- 🕖 Toigo Orchards II
- 🗖 Twin Springs Fruit Farm

WARD 3

Cleveland Park Farmers Market

3426 Connecticut Ave NW Sat, 9 AM - 1 PM May 14 - Dec 17 <u>districtbridges.org</u>

Garners Produce

Kuhn Orchards

Maret Schools Farmer's Market 3000 Cathedral Ave NW Sat, 9 AM - 1 PM

Jan 1 - Dec 31

🕖 Twin Springs Fruit Farm

New Morning Farm (Saturday)

4400 36th St NW, Sheridan School Sat, 8 AM - 1 PM May 7, 2022 - March 21, 2023 <u>newmorningfarm.net</u>

🕖 New Morning Farm

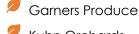
New Morning Farm (Tuesday)

4400 36th St NW, Sheridan School Tues, 3 PM - 7 PM Jun 6 - Sept 26 newmorningfarm.net New Morning Farm

Look for the Authorized Farmer poster when at the market!

Palisades Farmers Market

48th PI & MacArthur Blvd NW Sun, 9 AM - 1 PM Jan 1 - Dec 31 palisadesfarmersmarket.com



- Kuhn Orchards

Van Ness Farmers Market

4200 Connecticut Ave NW (in front of UDC Student Center) Sat, 8 AM - 2 PM April 30 - Nov 26 sites.google.com/view/udcvanne ssfarmersmarket/home

- Apple Valley
- Ben King Produce
- Flores Produce
- Gray Lane Farm
- Kings Produce

FRESHFARM Market at The Parks at Walter Reed

1010 Butternut St NW Sun, 10 AM - 1 PM Aug 7 - Sept 25 freshfarm.org

Mickley's Orchard

WARD 4 **FRESHFARM Uptown Farmers**

Market 5500 Colorado Ave NW Sat, 9 AM - 1 PM May 7 - Nov 19 freshfarm.org



FRESHFARM Petworth Farmers Market

9th St & Upshur St NW Sat, 9 AM - 1 PM May - Nov

freshfarm.org

- 🖉 Fajardo Produce
- Kuhn Orchards
- 🖉 Open Book Farm
- 🥭 Owl's Nest Farm

Arcadia Market - Edgewood

Edgewood St NE & Evarts St NE Fri, 3 PM - 6 PM June 1 - Nov 20 arcadiafood.org

🕖 💷 Arcadia

WARD 5

Brookland Farmers Market 10th & Otis St NE

Tues, 4 - 7 PM June 7 - Oct 25 lickingcreekbendfarm.com

Zicking Creek Bend

Bloomingdale Farmers Market 100 R St NW Sun, 9 AM - 1 PM

May 1 - Dec 18 marketsandmore.info

- Garner's Produce
- Reid's Orchard
- Shenandoah Seasonal

What's in season?



seasonalfoodguide.org

FRESHFARM Monroe St Farmers Market Brookland Arts Walk & Plaza 716 Monroe St NE Sat, 9 AM - 1 PM

April 2 - Dec 31 freshfarm.org [Monroe St Cont'd]

- 💋 78 Acres
- G & B Diaz FarmZamora Produce

Union Market (WIC/FMNP ONLY) 1309 Fifth St NE Mon, Tues, Thurs, Fri, Sat, Sun, 11 AM - 7 PM [Union Market Cont'd] Jan 1 - Dec 31 unionmarketdc.com

🖊 Almaala Farms

To save time at the market, sign your WIC & Senior checks beforehand!

WARD 6

Dreaming Out Loud Navy Yard Farmers Market

80 M Street SE (WeWork) Wed, 11:30 AM - 2 PM June 8 - Nov 23 <u>csa.dreamingoutloud.org</u>

The Farm at Kelly Miller

FRESHFARM Mt. Vernon Triangle Farmers Market

4th & I St NW Sat, 9 AM - 1 PM April 2 - Dec 31 <u>freshfarm.org</u>

Black Rock Orchard
Pleitez Produce

Eastern Market [Sat] 225 7th St SE

Sat, 9 AM - 4 PM Jan 1 - Dec 31 easternmarket-dc.org



Farmers Market SW

4th St & M St SW Sat, 9 AM - 1 PM April - Nov <u>marketswdc.com</u> Ochog Produce Eastern Market [Sun] 225 7th St SE Sun, 9 AM - 4 PM Jan 1 - Dec 31 easternmarket-dc.org

- Ashton Farms
- Knopp Farms on the Shore

FRESHFARM at H St Farmers Market

800 13th St NE Sat, 9 AM - 12:30 PM April 2 - Dec 24 freshfarm.org

Deep Roots Farm (WIC/FMNP ONLY)

- Full Cellar Farm
- Quaker Valley Orchards
- Richfield Farm

Watkins Farm Stand (WIC/FMNP ONLY) 1300 E St SE Wed, 3 - 7 PM June 1 - Oct 26 deeprootsfarm.us/markets

Deep Roots Farm

WARD 7

Arcadia Market - Deanwood

48th St NE & Minnesota Ave NE (Rec Center) Sat, 10 AM - 1 PM June 1 - Nov 20 <u>arcadiafood.org</u>

🕖 💷 Arcadia

Arcadia Market - Parkside 650 Kenilworth Ter NE Sat, 10 AM - 2 PM June 1 - Nov 20 arcadiafood.org

🕖 💷 Arcadia

FRESHFARM Minnesota Ave Farmers Market

322 40th St NE (East River Park Shopping Mall) Thurs, 1 PM - 4 PM June 2 - Oct 27 freshfarm.org

🧖 Pleitez Produce

Williams' Market at RFK Stadium

Oklahoma Ave & Benning Rd NE (Parking Lot No. 6) Sat, 7:30 AM - 3 PM Jun 1 - Dec 19 Miller Farms

Weaver Brothers

Arcadia Market - Fort Dupont 4403 Bowen Rd SE Wed, 3 PM - 6 PM June 1 - Nov 20 arcadiafood.org

🕖 💷 Arcadia

FRESHFARM Cesar Chavez Farmers Market 700 Parkside PI NE Sat, 9 AM - 1 PM June 4 - Nov 19 freshfarm.org

🖉 Barajas Produce

Dreaming Out Loud Kelly Miller Market 301 49th St NE (Kelly Miller Middle) Sat, 9 AM – 1 PM June 4 – Nov 19 csa.dreamingoutloud.org

🧖 The Farm at Kelly Miller

Arcadia Market - Mayfair 699 Kenilworth Terrace NE Every Other Wed, 3 PM - 6 PM May 19 - Nov 17 arcadiafood.org

🕖 💷 Arcadia

FRESHFARM Kenilworth Rec Center Farmers Market

4321 Ord St NE Sat, 9 AM – 1 PM June 4 – Nov 19 freshfarm.org

🖉 Barajas Produce

Only Natural Farm Stand

3935 Benning Road NE Sat & Sun, 8 AM - 12 PM June 1 - October 31 Sankofa Student Farm

Arcadia Market - Bellevue

115 Atlantic St SW (Bellevue Library) Wed, 3 PM - 6 PM June 1 - Nov 20 <u>arcadiafood.org</u>



Arcadia Market – Anacostia

1500 Galen St SE (UHCr) Thurs, 3 PM - 6 PM June 1 - Nov 20 arcadiafood.org

WARD 8

Arcadia Market - Oxon Run Wheeler Rd SE & Valley Ave SE Fri, 3 PM - 6 PM June 1 - Nov 20 arcadiafood.org



Ward 8 Farmers' Market/ Soul of the City Elm Street SE & Martin Luther King

Avenue SE St. Elizabeth's East Campus(Red Lot) Sat, 10 AM – 1 PM June 4 - Sept 30 ward8farmersmarket.org

- Harvest to Health
- Licking Creek Bend Farm

C.R.I.S.P Market at THEARC Farm 1901 Mississippi Ave SE Sat, 10 AM - 2 PM June 5 – Nov 12 bbardc.org/csa/

Some market info may change! Make sure to check the market websites for updated hours and vendors.

MARYLAND (WIC & SENIOR FMNP ONLY)

Bethesda United Church of Christ Farmers Market Fernwood & Democracy Blvd Bethesda, MD

Thurs & Sat, 9 AM - 1 PM Jan 1 - Dec 31 twinspringsfruitfarm.com

Twin Springs Fruit Farm

Bethesda Central Farm Market

7600 Arlington Rd Bethesda, MD Sun, 9:30 AM – 1:30 PM (Jan - Feb) Sun, 9 AM – 1:30 PM (March - Dec) <u>centralfarmmarkets.com/bethesda</u>

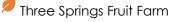
🖉 Mock's Greenhouse

💋 Toigo Orchards II

Crossroads Farmers Market Ann St at University Blvd East Takoma Park, MD Wed, 10:30 AM - 2:30 PM Apr 27 - Nov 23 crossroadscommunityfoodnetwor k.org/farmers-market

- 💋 Full Cellar Farm
- Potomac Vegetable Farms
- Tuckey's Mountain Grown

Greenbelt Farmers Market 25 Crescent Rd Greenbelt, MD Sun, 10 AM - 2 PM May 2 - Nov 20 greenbeltfarmersmarket.org



New Morning Farm Taylor Street at Brookville Rd Chevy Chase, MD Sat, 8 AM - 1 PM May - Nov newmorningfarm.net/markets

New Morning Farm

Pike Central Farm Market

910 Rose Ave, N. Bethesda, MD Sat, 9 AM - 1:30 PM Apr 30 - Dec 17 <u>centralfarmmarkets.com/pike</u>

💋 Toigo Orchards II

Casey Farmers' Market

810 South Frederick Ave Gaithersburg, MD Thurs, 11 AM - 2:30 PM May - Nov 17 gaithersburgmd.gov/recreation/far mers-markets

Tuckey's Mountain Grown

Cheverly Community Market

6401 Forest Rd Cheverly, MD Every Other Saturday, 8 AM - 12 PM May 7 - Dec 10 <u>cheverlycommunitymarket.org</u>

FRESHFARM Downtown Silver Spring Farmers Market

1 Veterans PI Silver Spring, MD Sat, 9 AM - 1 PM Apr 2 - Dec 31 <u>freshfarm.org</u>

- Barajas Produce LLC
- 🖉 Dodo Farms
- Mock's Greenhouse
- Spring Valley Farm & Orchard
- Quaker Valley Orchard
- The Farm at Kelly Miller
- Three Springs Fruit Farm

Potomac Village Farmers Market

9908 S Glen Rd Potomac, MD Thurs, 3 - 6:30 PM May - Nov potomacumc.org/potomac-villa ge-farmers-market/

Country Vittles Critter Hill

Takoma Park Farmers Market

6931 Laurel Ave, Takoma Park, MD Sun, 10 AM - 2 PM Jan 1 - Dec 31 <u>takomaparkmarket.com</u>

- Black Rock Orchard
- 🕖 Fajardo Produce Farm
- Glenville Hollow Farms
- Potomac Vegetable Farm
- 💋 Toigo Orchards II
- 🕖 Twin Springs Fruit Farm
- 🥖 Waterpenny Farm

For updates on the DC WIC Farmer's Market Nutrition Program, visit: dcwic.org/wic-farmer-s-market-program or follow on social media: @dcwic

For Produce Plus updates and more, visit: freshfarm.org/produceplus or follow on social media: @FRESHFARMDC

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Para actualizaciones del Programa de Nutrición del Mercado de Agricultores WIC de DC, visite: <u>dcwic.org/wic-farmer-s-market-program</u> o seguir en las redes sociales: @dcwic

Para actualizaciones de Produce Plus y más, visite:

freshfarm.org/produceplus o seguir en las redes sociales: @FRESHFARMDC

Produce Plus is funded by DC Health and managed by FRESHFARM. Produce Plus provides fresh, locally grown produce to Washington, DC residents with limited access to fresh, healthy food. Produce Plus runs from the beginning of June to the end of September each year.

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Produce Plus está financiado por DC Health y administrado por FRESHFARM. Produce Plus ofrece productos frescos cultivados localmente a los residentes de Washington, DC con acceso limitado a alimentos frescos y saludables. Produce Plus funciona desde principios de junio hasta finales de septiembre de cada año.