

2022 Guía De Mercado

ACERCA DE SUS BENEFICIOS DEL MERCADO DE AGRICULTORES

PRODUCE PLUS (PP)

- **Compre:** Frutas y verduras frescas cultivadas localmente
- **Cuando:** 1 de Junio - 30 de Septiembre
- **Donde:** Puestos de venta enumerados en esta guía (*Solamente en DC*)
- **Cómo:** Use la tarjeta de beneficios PP, el número de teléfono del participante o el número de lealtad (código de 12 dígitos en el reverso de la tarjeta de beneficios).

WIC & SENIOR CHEQUES

- **Comprar:** Frutas, verduras y hierbas frescas cultivadas localmente (*miel - solo para personas mayores*)
- **Cuando:** 1 de Junio - 30 de Noviembre
- **Donde:** Puestos de venta enumerados en esta guía
- **Cómo:** Lleve los cheques al mercado (¡asegúrese de firmarlos!) y canjéalos directamente con el agricultor durante el pago.

QUE HACER EN EL MERCADO DE AGRICULTORES

BUSQUE UN CARTEL

- Solo los agricultores autorizados pueden aceptar los beneficios del mercado de agricultores
- En el mercado, busque el letrero que diga Agricultor Autorizado o PP Aceptado [Aquí](#)



MAXIMIZA SU DÓLAR

- Pregúntele al agricultor o al personal del mercado sobre el uso de otros tipos de pago (como efectivo, tarjeta de crédito, SNAP, dólares de bonificación) con sus beneficios del mercado de agricultores
- ¡Algunos mercados duplican el valor de los cheques WIC y Senior!

¿PREGUNTAS?

Llame **202-299-3775**

HAZ TU COMPRA

- No necesita mostrar una identificación o una carpeta WIC cuando use sus beneficios del mercado de agricultores
- Si usa cheques WIC o Senior, debe firmar sus cheques.

MAPA INTERACTIVO DE UBICACIONES DE MERCADOS DC

tinyurl.com/dcmarkets2022



La institución es un proveedor de igualdad de oportunidades.

WARD 1

14 & U Farmers Market

2000 14th St NW

Sat, 9 AM - 1 PM

April 30 - Nov 19

marketsandmore.info

-  Garner's Produce
-  McCleaf's Orchard
-  Shenandoah Seasonal

FRESHFARM Columbia Heights Farmers Market (Wednesday)

Park Road NW and 14th St NW

Wed, 4 - 7 PM

May 4 - Oct 12

freshfarm.org

-  Mickley's Orchard & Farm Market
-  Pleitez Produce

NoMa Farmers Market

Althea Tanner Park

227 Harry Thomas Way NE

Thurs, 3 PM - 7 PM

April 5 - Sept 29

-  Ashton Farms

Adams Morgan Farmers Market Unity Park

Euclid St and Columbia Rd

Sat, 8 AM - 1 PM

June 4 - Dec 24

lickingcreekbendfarm.com

-  Licking Creek Bend

FRESHFARM Columbia Heights Farmers Market (Saturday)

Park Road NW and 14th St NW

Sat, 9 AM - 1 PM

April 2 - Dec 31

freshfarm.org

-  78 Acres
-  Pleitez Produce

Common Good City Farm

300 V St NW

Wed, 3:30 - 6:30 PM

April 13 - Oct 26

commongoodcityfarm.org

-  Common Good City Farm

Mt. Pleasant Farmers Market

3200 Mount Pleasant St NW

Sat, 9 AM - 1 PM

Jan 1 - Dec 31

facebook.com/MtPFarMar

-  Earth Spring Farm, Inc
-  Quaker Valley Orchard
-  Reid's Orchard
-  Richfield Farm
-  Truck Patch Farms

WARD 2

Arcadia Market - Chinatown

800 6th Street NW (Wah Luck House)

Thurs, 10 AM - 1 PM

June 1 - Nov 20

arcadiafood.org

-   Arcadia

FRESHFARM Penn Quarter Farmers Market

801 F Street NW

Thurs, 3 PM - 7 PM

April 7 - Nov 17

freshfarm.org

-  Anchor Nursery
-  Barajas Produce
-  Black Rock Orchard

FRESHFARM by the White House Market

810 Vermont Ave NW

Thurs, 11 AM - 2 PM

May 5 - Nov 17

freshfarm.org

-  Pleitez Produce Farm

FRESHFARM CityCenter Farmers Market

1098 New York Ave NW

[CityCenter Cont'd]

Tues, 11 AM - 2 PM

May 3 - Oct 25

freshfarm.org

 Barajas Produce

 Mickley's Orchard & Farm Market

FRESHFARM Foggy Bottom Farmers Market

23rd St & I St NW

Wed, 3 - 7 PM

April 6 - Nov 23

freshfarm.org

 Barajas Produce

 Quaker Valley Orchards

Rose Park Farmers Market

26th St NW and O St NW

Wed, 3 - 7 PM

May 4 - Aug 31

roseparkdc.org

 Anchor Nursery

 Quaker Valley Orchard

FRESHFARM Dupont Circle Farmers Market (Sunday)

1600 20th St NW

Sun, 8:30 AM - 1:30 PM

Jan 2 - Dec 18

freshfarm.org

 Anchor Nursery

 Black Rock Orchard

 Chicano Sol

[Dupont Circle - Sun Cont'd]

 Dodo Farms

 Deep Roots Farm (WIC/FMNP ONLY)

 Gardeners Gourmet

 Garner's Produce

 New Morning Farm

 Pleitez Produce

 Potomac Vegetable Farms

 Quaker Valley Orchards

 Shenandoah Seasonal

 Spring Valley Farm

 Toigo Orchards II

 Twin Springs Fruit Farm

WARD 3

Cleveland Park Farmers Market

3426 Connecticut Ave NW

Sat, 9 AM - 1 PM

May 14 - Dec 17

districtbridges.org

 Garners Produce

 Kuhn Orchards

Maret Schools Farmer's Market

3000 Cathedral Ave NW

Sat, 9 AM - 1 PM

Jan 1 - Dec 31

 Twin Springs Fruit Farm

New Morning Farm (Saturday)

4400 36th St NW, Sheridan School

Sat, 8 AM - 1 PM

May 7, 2022 - March 21, 2023

newmorningfarm.net

 New Morning Farm

New Morning Farm (Tuesday)4400 36th St NW, Sheridan School

Tues, 3 PM - 7 PM

Jun 6 - Sept 26

newmorningfarm.net New Morning Farm

**Look for the Authorized
Farmer poster when at
the market!**

Palisades Farmers Market48th Pl & MacArthur Blvd NW

Sun, 9 AM - 1 PM

Jan 1 - Dec 31

palisadesfarmersmarket.com Garners Produce Kuhn Orchards**Van Ness Farmers Market**4200 Connecticut Ave NW (in
front of UDC Student Center)

Sat, 8 AM - 2 PM

April 30 - Nov 26

sites.google.com/view/udcvannewsfarmersmarket/home Apple Valley Ben King Produce Flores Produce Gray Lane Farm Kings Produce**WARD 4****FRESHFARM Market at The Parks at
Walter Reed**

1010 Butternut St NW

Sun, 10 AM - 1 PM

Aug 7 - Sept 25

freshfarm.org Mickley's Orchard**FRESHFARM Uptown Farmers
Market**

5500 Colorado Ave NW

Sat, 9 AM - 1 PM

May 7 - Nov 19

freshfarm.org McCleaf's Orchard Zamora Produce**FRESHFARM Petworth Farmers
Market**9th St & Upshur St NW

Sat, 9 AM - 1 PM

May - Nov

freshfarm.org Fajardo Produce Kuhn Orchards Open Book Farm Owl's Nest Farm**WARD 5****Arcadia Market - Edgewood**

Edgewood St NE & Evarts St NE

Fri, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org  Arcadia**Brookland Farmers Market**10th & Otis St NE

Tues, 4 - 7 PM

June 7 - Oct 25

lickingcreekbendfarm.com Licking Creek Bend**Bloomingdale Farmers Market**

100 R St NW

Sun, 9 AM - 1 PM

May 1 - Dec 18

marketsandmore.info Garner's Produce Reid's Orchard Shenandoah Seasonal

What's in season?



seasonalfoodguide.org

FRESHFARM Monroe St Farmers Market

Brookland Arts Walk & Plaza

716 Monroe St NE

Sat, 9 AM - 1 PM

April 2 - Dec 31

freshfarm.org

[Monroe St Cont'd]

78 Acres

G & B Diaz Farm

Zamora Produce

Union Market (WIC/FMNP ONLY)

1309 Fifth St NE

Mon, Tues, Thurs, Fri, Sat, Sun,

11 AM - 7 PM

[Union Market Cont'd]

Jan 1 - Dec 31

unionmarketdc.com

Almaala Farms

To save time at the market, sign your WIC & Senior checks beforehand!

WARD 6

Dreaming Out Loud

Navy Yard Farmers Market

80 M Street SE (WeWork)

Wed, 11:30 AM - 2 PM

June 8 - Nov 23

csa.dreamingoutloud.org

The Farm at Kelly Miller

Eastern Market [Sat]

225 7th St SE

Sat, 9 AM - 4 PM

Jan 1 - Dec 31

easternmarket-dc.org

Ashton Farms

Gardeners Gourmet

Knopp Farms

Eastern Market [Sun]

225 7th St SE

Sun, 9 AM - 4 PM

Jan 1 - Dec 31

easternmarket-dc.org

Ashton Farms

Knopp Farms on the Shore

FRESHFARM Mt. Vernon Triangle

Farmers Market

4th & I St NW

Sat, 9 AM - 1 PM

April 2 - Dec 31

freshfarm.org

Black Rock Orchard

Pleitez Produce

Farmers Market SW

4th St & M St SW

Sat, 9 AM - 1 PM

April - Nov

marketswdc.com

Ochoa Produce

FRESHFARM at H St Farmers

Market

800 13th St NE

Sat, 9 AM - 12:30 PM

April 2 - Dec 24

freshfarm.org

Deep Roots Farm (WIC/FMNP ONLY)

Full Cellar Farm

Quaker Valley Orchards

Richfield Farm

Watkins Farm Stand (WIC/FMNP ONLY)

1300 E St SE

Wed, 3 - 7 PM

June 1 - Oct 26

deeprootsfarm.us/markets

 Deep Roots Farm

WARD 7

Arcadia Market - Deanwood

48th St NE & Minnesota Ave NE
(Rec Center)

Sat, 10 AM - 1 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

Arcadia Market - Parkside

650 Kenilworth Ter NE

Sat, 10 AM - 2 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

FRESHFARM Minnesota Ave Farmers Market

322 40th St NE (East River Park Shopping Mall)

Thurs, 1 PM - 4 PM

June 2 - Oct 27

freshfarm.org

 Pleitez Produce

Williams' Market at RFK Stadium

Oklahoma Ave & Benning Rd NE
(Parking Lot No. 6)

Sat, 7:30 AM - 3 PM

Jun 1 - Dec 19

 Miller Farms

 Weaver Brothers

Arcadia Market - Fort Dupont

4403 Bowen Rd SE

Wed, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

FRESHFARM Cesar Chavez Farmers Market

700 Parkside Pl NE

Sat, 9 AM - 1 PM

June 4 - Nov 19

freshfarm.org

 Barajas Produce

Dreaming Out Loud

Kelly Miller Market

301 49th St NE (Kelly Miller Middle)

Sat, 9 AM - 1 PM

June 4 - Nov 19

csa.dreamingoutloud.org

 The Farm at Kelly Miller

Arcadia Market - Mayfair

699 Kenilworth Terrace NE

Every Other Wed, 3 PM - 6 PM

May 19 - Nov 17

arcadiafood.org

  Arcadia

FRESHFARM Kenilworth Rec Center Farmers Market

4321 Ord St NE

Sat, 9 AM - 1 PM

June 4 - Nov 19

freshfarm.org

 Barajas Produce

Only Natural Farm Stand

3935 Benning Road NE

Sat & Sun, 8 AM - 12 PM

June 1 - October 31

 Sankofa Student Farm

WARD 8

Arcadia Market - Bellevue

115 Atlantic St SW (Bellevue Library)

Wed, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

Arcadia Market – Anacostia

1500 Galen St SE (UHCr)

Thurs, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

Arcadia Market - Oxon Run

Wheeler Rd SE & Valley Ave SE

Fri, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

Ward 8 Farmers' Market/ Soul of the City

Elm Street SE & Martin Luther King
Avenue SE

St. Elizabeth's East Campus (Red
Lot)

Sat, 10 AM – 1 PM

June 4 - Sept 30

ward8farmersmarket.org

 Harvest to Health

 Licking Creek Bend Farm

C.R.I.S.P Market at THEARC Farm

1901 Mississippi Ave SE

Sat, 10 AM - 2 PM

June 5 – Nov 12

bbardc.org/csa/

 THEARC Farm

**Some market info may
change! Make sure to
check the market
websites for updated
hours and vendors.**

MARYLAND (WIC & SENIOR FMNP ONLY)

Bethesda United Church of Christ Farmers Market

Fernwood & Democracy Blvd

Bethesda, MD

Thurs & Sat, 9 AM - 1 PM

Jan 1 - Dec 31

twinspringsfruitfarm.com

 Twin Springs Fruit Farm

Bethesda Central Farm Market

7600 Arlington Rd

Bethesda, MD

Sun, 9:30 AM – 1:30 PM (Jan - Feb)

Sun, 9 AM – 1:30 PM (March - Dec)

centralfarmmarkets.com/bethesda

 Mock's Greenhouse

 Toigo Orchards II

Crossroads Farmers Market

Ann St at University Blvd East

Takoma Park, MD

Wed, 10:30 AM - 2:30 PM

Apr 27 - Nov 23

[crossroadscommunityfoodnetwor
k.org/farmers-market](http://crossroadscommunityfoodnetwork.org/farmers-market)

 Full Cellar Farm

 Potomac Vegetable Farms

 Tuckey's Mountain Grown

Greenbelt Farmers Market

25 Crescent Rd

Greenbelt, MD

Sun, 10 AM - 2 PM

May 2 - Nov 20

greenbeltfarmersmarket.org

 Three Springs Fruit Farm

New Morning Farm

Taylor Street at Brookville Rd

Chevy Chase, MD

Sat, 8 AM - 1 PM

May - Nov

newmorningfarm.net/markets

 New Morning Farm

Pike Central Farm Market

910 Rose Ave, N. Bethesda, MD

Sat, 9 AM - 1:30 PM

Apr 30 - Dec 17

centralfarmmarkets.com/pike

 Toigo Orchards II

Casey Farmers' Market

810 South Frederick Ave

Gaithersburg, MD

Thurs, 11 AM - 2:30 PM

May - Nov 17

gaithersburgmd.gov/recreation/farmers-markets Tuckey's Mountain Grown**Cheverly Community Market**

6401 Forest Rd

Cheverly, MD

Every Other Saturday, 8 AM - 12 PM

May 7 - Dec 10

cheverlycommunitymarket.org  Benny's Fruit Market**FRESHFARM Downtown Silver****Spring Farmers Market**

1 Veterans Pl

Silver Spring, MD

Sat, 9 AM - 1 PM

Apr 2 - Dec 31

freshfarm.org Barajas Produce LLC Dodo Farms Mock's Greenhouse Spring Valley Farm & Orchard Quaker Valley Orchard The Farm at Kelly Miller Three Springs Fruit Farm**Potomac Village Farmers Market**

9908 S Glen Rd

Potomac, MD

Thurs, 3 - 6:30 PM

May - Nov

potomacumc.org/potomac-village-farmers-market/ Country Vittles Critter Hill**Takoma Park Farmers Market**

6931 Laurel Ave,

Takoma Park, MD

Sun, 10 AM - 2 PM

Jan 1 - Dec 31

takomaparkmarket.com Black Rock Orchard Fajardo Produce Farm Glenville Hollow Farms Potomac Vegetable Farm Toigo Orchards II Twin Springs Fruit Farm Waterpenny Farm

For updates on the DC WIC Farmer's Market Nutrition Program, visit:

dcwic.org/wic-farmer-s-market-program or follow on social media:

@dcwic

For Produce Plus updates and more, visit: freshfarm.org/produceplus or

follow on social media: @FRESHFARMDC

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Para actualizaciones del Programa de Nutrición del Mercado de Agricultores WIC de DC, visite: dcwic.org/wic-farmer-s-market-program o seguir en las redes sociales: @dcwic

Para actualizaciones de Produce Plus y más, visite: freshfarm.org/produceplus o seguir en las redes sociales: @FRESHFARMDC

Produce Plus is funded by DC Health and managed by FRESHFARM. Produce Plus provides fresh, locally grown produce to Washington, DC residents with limited access to fresh, healthy food. Produce Plus runs from the beginning of June to the end of September each year.

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Produce Plus está financiado por DC Health y administrado por FRESHFARM. Produce Plus ofrece productos frescos cultivados localmente a los residentes de Washington, DC con acceso limitado a alimentos frescos y saludables. Produce Plus funciona desde principios de junio hasta finales de septiembre de cada año.