

2022 Guía De Mercado

ACERCA DE SUS BENEFICIOS DEL MERCADO DE AGRICULTORES

PRODUCE PLUS (PP)

- **Compre:** Frutas y verduras frescas cultivadas localmente
- **Cuando:** 1 de Junio - 30 de Septiembre
- **Donde:** Puestos de venta enumerados en esta guía (*Solamente en DC*)
- **Cómo:** Use la tarjeta de beneficios PP, el número de teléfono del participante o el número de lealtad (código de 12 dígitos en el reverso de la tarjeta de beneficios).

WIC & SENIOR CHEQUES

- **Comprar:** Frutas, verduras y hierbas frescas cultivadas localmente (*miel - solo para personas mayores*)
- **Cuando:** 1 de Junio - 30 de Noviembre
- **Donde:** Puestos de venta enumerados en esta guía
- **Cómo:** Lleve los cheques al mercado (¡asegúrese de firmarlos!) y canjéalos directamente con el agricultor durante el pago.

QUE HACER EN EL MERCADO DE AGRICULTORES

BUSQUE UN CARTEL

- Solo los agricultores autorizados pueden aceptar los beneficios del mercado de agricultores
- En el mercado, busque el letrero que diga Agricultor Autorizado o PP Aceptado [Aqui](#)



MAXIMIZA SU DÓLAR

- Pregúntele al agricultor o al personal del mercado sobre el uso de otros tipos de pago (como efectivo, tarjeta de crédito, SNAP, dólares de bonificación) con sus beneficios del mercado de agricultores
- ¡Algunos mercados duplican el valor de los cheques WIC y Senior!

¿PREGUNTAS?

Llame **202-299-3775**

HAZ TU COMPRA

- No necesita mostrar una identificación o una carpeta WIC cuando use sus beneficios del mercado de agricultores
- Si usa cheques WIC o Senior, debe firmar sus cheques.

MAPA INTERACTIVO DE UBICACIONES DE MERCADOS DC

tinyurl.com/dcmarkets2022



La institución es un proveedor de igualdad de oportunidades.

WARD 1




14 & U Farmers Market

2000 14th St NW

Sat, 9 AM - 1 PM

April 30 - Nov 19

marketsandmore.info

-  Garner's Produce
-  McCleaf's Orchard
-  Shenandoah Seasonal



FRESHFARM Columbia Heights Farmers Market (Wednesday)

Park Road NW and 14th St NW

Wed, 4 - 7 PM

May 4 - Oct 12

freshfarm.org

-  Mickley's Orchard & Farm Market
-  Pleitez Produce

NoMa Farmers Market

Althea Tanner Park

227 Harry Thomas Way NE

Thurs, 3 PM - 7 PM

April 5 - Sept 29

-  Ashton Farms

Adams Morgan Farmers Market Unity Park

Euclid St and Columbia Rd

Sat, 8 AM - 1 PM

June 4 - Dec 24

lickingcreekbendfarm.com

-  Licking Creek Bend

FRESHFARM Columbia Heights Farmers Market (Saturday)

Park Road NW and 14th St NW

Sat, 9 AM - 1 PM

April 2 - Dec 31

freshfarm.org

-  78 Acres
-  Pleitez Produce

All DC markets listed in this guide accept WIC, Senior, and Produce Plus benefits.

Common Good City Farm

300 V St NW

Wed, 3:30 - 6:30 PM

April 13 - Oct 26

commongoodcityfarm.org

-  Common Good City Farm

Mt. Pleasant Farmers Market

3200 Mount Pleasant St NW

Sat, 9 AM - 1 PM

Jan 1 - Dec 31

facebook.com/MtPFarMar

-  Earth Spring Farm, Inc
-  Quaker Valley Orchard
-  Reid's Orchard
-  Richfield Farm
-  Truck Patch Farms

WARD 2

Arcadia Market - Chinatown

800 6th Street NW (Wah Luck House)

Thurs, 10 AM - 1 PM

June 1 - Nov 20

arcadiafood.org

-   Arcadia

FRESHFARM CityCenter Farmers Market

1098 New York Ave NW




FRESHFARM Dupont Circle Farmers Market (Sunday)

1600 20th St NW

Sun, 8:30 AM - 1:30 PM

Jan 2 - Dec 18

freshfarm.org

-  Anchor Nursery
-  Black Rock Orchard
-  Chicano Sol


FRESHFARM Dupont Circle Farmers Market (Thursday)

1950 Massachusetts Ave NW

Thurs, 3 PM - 7 PM

May 5 - Oct 27

freshfarm.org

-  Barajas Produce
-  Quaker Valley Orchard

[CityCenter Cont'd]

Tues, 11 AM - 2 PM

May 3 - Oct 25

freshfarm.org

 Barajas Produce

 Mickley's Orchard & Farm Market

FRESHFARM Foggy Bottom Farmers Market

23rd St & I St NW

Wed, 3 - 7 PM

April 6 - Nov 23

freshfarm.org

 Barajas Produce

 Quaker Valley Orchards

Rose Park Farmers Market

26th St NW and O St NW

Wed, 3 - 7 PM

May 4 - Aug 31

roseparkdc.org

 Anchor Nursery

 Quaker Valley Orchard

[Dupont Circle - Sun Cont'd]

 Dodo Farms

 Deep Roots Farm

 Gardeners Gourmet

 Garner's Produce

 New Morning Farm

 Pleitez Produce

 Potomac Vegetable Farms

 Quaker Valley Orchards

 Shenandoah Seasonal

 Spring Valley Farm

 Toigo Orchards II

 Twin Springs Fruit Farm

FRESHFARM Penn Quarter Farmers Market

801 F Street NW

Thurs, 3 PM - 7 PM

April 7 - Nov 17

freshfarm.org

 Anchor Nursery

 Barajas Produce

 Black Rock Orchard

FRESHFARM by the White House Market

810 Vermont Ave NW

Thurs, 11 AM - 2 PM

May 5 - Nov 17

freshfarm.org

 Pleitez Produce Farm

WARD 3

Cleveland Park Farmers Market

3426 Connecticut Ave NW

Sat, 9 AM - 1 PM

May 14 - Dec 17

districtbridges.org

 Garners Produce

 Kuhn Orchards

Maret Schools Farmer's Market

3000 Cathedral Ave NW

Sat, 9 AM - 1 PM

Jan 1 - Dec 31

 Twin Springs Fruit Farm

New Morning Farm (Saturday)

4400 36th St NW, Sheridan School

Sat, 8 AM - 1 PM

May 7, 2022 - March 21, 2023

newmorningfarm.net

 New Morning Farm

New Morning Farm (Tuesday)4400 36th St NW, Sheridan School

Tues, 3 PM - 7 PM

Jun 6 - Sept 26


newmorningfarm.net New Morning Farm

**Look for the Authorized
Farmer poster when at
the market!**

Palisades Farmers Market48th Pl & MacArthur Blvd NW

Sun, 9 AM - 1 PM

Jan 1 - Dec 31

palisadesfarmersmarket.com Garners Produce Kuhn Orchards**Van Ness Farmers Market**

4200 Connecticut Ave NW (in front of UDC Student Center)

Sat, 8 AM - 2 PM

April 30 - Nov 26

sites.google.com/view/udcvannewsfarmersmarket/home Apple Valley Ben King Produce Flores Produce Gray Lane Farm Kings Produce**WARD 4****FRESHFARM Market at The Parks at
Walter Reed**

1010 Butternut St NW

Sun, 10 AM - 1 PM


July 1 - Oct 31

freshfarm.org Mickley's Orchard**FRESHFARM Uptown Farmers
Market**

5500 Colorado Ave NW

Sat, 9 AM - 1 PM

May 7 - Nov 19

freshfarm.org McCleaf's Orchard Zamora Produce**FRESHFARM Petworth Farmers
Market**9th St & Upshur St NW

Sat, 9 AM - 1 PM

May - Nov

freshfarm.org Fajardo Produce Kuhn Orchards Open Book Farm Owl's Nest Farm**WARD 5****Arcadia Market - Bellevue**

115 Atlantic St SW (Bellevue Library)

Wed, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org  Arcadia**Arcadia Market - Edgewood**

Edgewood St NE & Evarts St NE

Fri, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org  Arcadia**Bloomingdale Farmers Market**

100 R St NW

Sun, 9 AM - 1 PM

May 1 - Dec 18

marketsandmore.info Garner's Produce Reid's Orchard Shenandoah Seasonal**Brookland Farmers Market**10th & Otis St NE

Tues, 4 - 7 PM

June 7 - Oct 25

lickingcreekbendfarm.com**FRESHFARM Monroe St Farmers
Market**

Brookland Arts Walk & Plaza

716 Monroe St NE

Sat, 9 AM - 1 PM

April 2 - Dec 31

freshfarm.org**Union Market**

1309 Fifth St NE

Mon, Tues, Thurs, Fri, Sat, Sun,
11 AM - 7 PM

[Brookland Cont'd]

 Licking Creek Bend

What's in season?



seasonalfoodguide.org

[Monroe St Cont'd]

 78 Acres

 G & B Diaz Farm

 Zamora Produce

[Union Market Cont'd]

Jan 1 - Dec 31

unionmarketdc.com

 Almaala Farms

To save time at the market, sign your WIC & Senior checks beforehand!

WARD 6

Dreaming Out Loud

Farmers Market

80 M Street SW (WeWork)

Wed, 11:30 AM - 2 PM

June 8 - Nov 23

csa.dreamingoutloud.org

 The Farm at Kelly Miller

Eastern Market [Tues + Sat]

225 7th St SE

Tues, 12 - 3 PM

Sat, 9 AM - 4 PM

Jan 1 - Dec 31

easternmarket-dc.org

 Ashton Farms

 Gardeners Gourmet

 Knopp Farms

Eastern Market [Tues + Sun]

225 7th St SE

Tues, 12 - 3 PM

Sun, 9 AM - 4 PM

Jan 1 - Dec 31

easternmarket-dc.org

 Ashton Farms

 Knopp Farms on the Shore

FRESHFARM Mt. Vernon Triangle

Farmers Market

4th & I St NW

Sat, 9 AM - 1 PM

April 2 - Dec 31

freshfarm.org

 Black Rock Orchard

 Pleitez Produce

Farmers Market SW

4th St & M St SW

Sat, 9 AM - 1 PM

April - Nov

marketswdc.com

 Ochoa Produce

FRESHFARM at H St Farmers Market

800 13th St NE

Sat, 9 AM - 12:30 PM

April 2 - Dec 24

freshfarm.org

 Deep Roots Farm

 Full Cellar Farm

 Quaker Valley Orchards

 Richfield Farm

Watkins Farm Stand

1300 E St SE

Wed, 3 - 7 PM

June 1 - Oct 26

deepprootsfarm.us/markets

 Deep Roots Farm

WARD 7

Arcadia Market - Deanwood

48th St NE & Minnesota Ave NE
(Rec Center)

Sat, 10 AM - 1 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

Arcadia Market - Parkside

650 Kenilworth Ter NE

Sat, 10 AM - 2 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

FRESHFARM Minnesota Ave Farmers Market

322 40th St NE (East River Park Shopping Mall)

Thurs, 1 PM - 4 PM

June 2 - Oct 27

freshfarm.org

 Pleitez Produce

Williams' Market at RFK Stadium

Oklahoma Ave & Benning Rd NE
(Parking Lot No. 6)

Thurs & Sat, 7:30 AM - 3 PM

Jun 1 - Dec 19

 Miller Farms

 Weaver Brothers

Arcadia Market - Fort Dupont

4403 Bowen Rd SE

Wed, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

FRESHFARM Cesar Chavez Farmers Market

700 Parkside Pl NE

Sat, 9 AM - 1 PM

June 4 - Nov 19

freshfarm.org

 Barajas Produce

Kelly Miller Market

301 49th St NE (Kelly Miller Middle)

Sat, 9 AM - 1 PM

June 4 - Nov 19

csa.dreamingoutloud.org

 The Farm at Kelly Miller

Arcadia Market - Mayfair

699 Kenilworth Terrace NE

Every Other Wed, 3 PM - 6 PM

May 19 - Nov 17

arcadiafood.org

  Arcadia

FRESHFARM Kenilworth Rec Center Farmers Market

4321 Ord St NE

Sat, 9 AM - 1 PM

June 4 - Nov 19

freshfarm.org

 Barajas Produce

Only Natural Farm Stand

3935 Benning Road NE

Sat & Sun, 8 AM - 12 PM

June 1 - October 31

 Sankofa Student Farm

WARD 8

Arcadia Market – Anacostia

1500 Galen St SE (UHCr)

Thurs, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

Arcadia Market - Oxon Run

Wheeler Rd SE & Valley Ave SE

Fri, 3 PM - 6 PM

June 1 - Nov 20

arcadiafood.org

  Arcadia

C.R.I.S.P Market at THEARC Farm

1901 Mississippi Ave SE

Sat, 10 AM - 2 PM

June 5 – Nov 12

bbardc.org/csa/

 THEARC Farm

Ward 8 Farmers' Market

Elm Street SE & Martin Luther King


Avenue SE

St. Elizabeth's East Campus (Red Lot)

Sat, 10 AM – 1 PM

June 4 - Sept 30

ward8farmersmarket.org

 Harvest to Health

 Licking Creek Bend Farm

Some market info may change! Make sure to check the market websites for updated hours and vendors.

MARYLAND (WIC & SENIOR FMNP ONLY)

Bethesda United Church of Christ Farmers Market

Fernwood & Democracy Blvd

Bethesda, MD

Thurs & Sat, 9 AM - 1 PM

Jan 1 - Dec 31

twinspringsfruitfarm.com

 Twin Springs Fruit Farm

Bethesda Central Farm Market

7600 Arlington Rd

Bethesda, MD

Sun, 9:30 AM – 1:30 PM (Jan - Feb)

Sun, 9 AM – 1:30 PM (March - Dec)

centralfarmmarkets.com/bethesda

 Mock's Greenhouse

 Toigo Orchards II

Casey Farmers' Market

810 South Frederick Ave

Gaithersburg, MD

Thurs, 11 AM - 2:30 PM

Crossroads Farmers Market

Ann St at University Blvd East

Takoma Park, MD

Wed, 10:30 AM - 2:30 PM

Apr 27 - Nov 23

crossroadscommunityfoodnetwork.org/farmers-market

 Full Cellar Farm

 Potomac Vegetable Farms

 Tuckey's Mountain Grown

FRESHFARM Downtown Silver Spring Farmers Market

1 Veterans Pl

Silver Spring, MD

Sat, 9 AM - 1 PM

Apr 2 - Dec 31

freshfarm.org

 Barajas Produce LLC

 Dodo Farms

 Mock's Greenhouse

New Morning Farm

Taylor Street at Brookville Rd

Chevy Chase, MD

Sat, 8 AM - 1 PM

May - Nov

newmorningfarm.net/markets

 New Morning Farm

Pike Central Farm Market

910 Rose Ave, N. Bethesda, MD

Sat, 9 AM - 1:30 PM

Apr 30 - Dec 17

centralfarmmarkets.com/pike

 Toigo Orchards II

Potomac Village Farmers Market

9908 S Glen Rd

Potomac, MD

Thurs, 3 - 6:30 PM

May - Nov

potomacumc.org/potomac-village-farmers-market/

 Country Vittles Critter Hill

[Casey Farmers Market Cont'd]
May - Nov 17
gaithersburgmd.gov/recreation/farmers-markets

 Tuckey's Mountain Grown

Cheverly Community Market

6401 Forest Rd
Cheverly, MD
Every Other Saturday, 8 AM - 12 PM
May 7 - Dec 10
cheverlycommunitymarket.org

  Benny's Fruit Market

[Downtown Silver Spring Cont'd]
 Spring Valley Farm & Orchard
 Quaker Valley Orchard
 The Farm at Kelly Miller
 Three Springs Fruit Farm

Greenbelt Farmers Market

25 Crescent Rd
Greenbelt, MD
Sun, 10 AM - 2 PM
May 2 - Nov 20
greenbeltfarmersmarket.org

 Three Springs Fruit Farm

Takoma Park Farmers Market

6931 Laurel Ave,
Takoma Park, MD
Sun, 10 AM - 2 PM
Jan 1 - Dec 31
takomaparkmarket.com

 Black Rock Orchard
 Fajardo Produce Farm
 Glenville Hollow Farms
 Potomac Vegetable Farm
 Toigo Orchards II
 Twin Springs Fruit Farm
 Waterpenny Farm

Para actualizaciones del Programa de Nutrición del Mercado de Agricultores WIC de DC, visite: dcwic.org/wic-farmer-s-market-program o seguir en las redes sociales: @dcwic

Para actualizaciones de Produce Plus y más, visite: freshfarm.org/produceplus o seguir en las redes sociales: @FRESHFARMDC

Produce Plus está financiado por DC Health y administrado por FRESHFARM. Produce Plus ofrece productos frescos cultivados localmente a los residentes de Washington, DC con acceso limitado a alimentos frescos y saludables. Produce Plus funciona desde principios de junio hasta finales de septiembre de cada año.