



JANUARY

FEBRUARY

MARCH

APRIL

Apples **Beets** Brussel Sprouts **Cabbage**
 Carrots **Cauliflower** Garlic **Kale**
 Leeks **Lettuces** Mushrooms Onions
 Parsnips **Pears** Potatoes **Pumpkins**
 Radishes **Sweet Potatoes** Shallots
 Sunchokes Turnips Winter Squash

Apples **Arugula** **Beets** **Cabbage**
 Carrots **Chard** Garlic **Kale** Leeks
Lettuces Mushrooms Onions Parsnips
Potatoes Radishes **Sweet Potatoes**
 Turnips Winter Squash

Apples **Cabbage** Carrots **Chard** **Kale**
Leeks Lettuces **Mache** Mushrooms
 Onions Parsnips **Potatoes** Radishes
Salad Greens Spinach **Sweet Potatoes**
 Turnips **Watercress** Winter Squash

Apples **Arugula** Asparagus **Beets**
 Broccoli Rabe **Brussel Sprouts** Carrots
Chard Herbs **Lettuces** Mushrooms
Mache Morels **Nettles** Onions **Rhubarb**
Salad Greens **Spinach** Sweet Potatoes
 Turnips Winter Squash



MAY

JUNE

JULY

AUGUST

Arugula **Asparagus** **Beets** **Broccoli**
Rabe Carrots **Chard** Collards **Green**
Garlic & Scapes Herbs **Kale** Kohlrabi
Lettuces Morels **Mushrooms** Onions
 Parsnips Radishes **Ramps** **Rhubarb**
Salad Greens Spinach **Strawberries**
 Sugar & Snap Peas **Turnips**

Apricots **Asparagus** **Beets**
Blueberries Cabbage **Carrots** **Chard**
Collards Cucumbers **Gooseberries**
Green Beans **Green Garlic & Scapes**
 Herbs **Kale** Kohlrabi **Lettuces**
 Mushrooms **Nectarines** Onions
Potatoes Radishes **Raspberries**
Rhubarb **Salad Greens** Spinach
Sugar & Snap Peas Summer Squash
Strawberries Sweet Cherries **Turnips**

Apples **Apricots** Beans **Beets**
 Blackberries **Blueberries** Broccoli
 Rabe **Cabbage** Carrots **Chard**
 Cauliflower **Collards** Corn **Cucumbers**
 Currants **Eggplant** Fennel **Garlic**
 Gooseberries **Herbs** **Kale** **Kohlrabi**
 Leeks **Lettuces** Mushrooms
Muskmelons Nectarines **Okra** Onions
Peaches Peppers **Plums** Potatoes
Raspberries **Rhubarb** **Salad Greens**
 Shallots **Sprouts** Sugar & Snap Peas
Summer Squash Sweet Cherries
Tomatillos Tomatoes **Watermelons**

Apples **Artichokes** Beans **Beets**
 Blackberries **Blueberries** Broccoli
 Rabe **Cabbage** Carrots **Cauliflower**
 Celery **Chard** Collards **Corn** Cucumbers
 Currants Edamame **Eggplant**
 Fennel **Garlic** Grapes **Herbs** **Kale**
Kohlrabi Leeks **Lettuces** Lima Beans
Mushrooms **Muskmelons** **Nectarines**
 Onions **Peaches** Pears **Peppers** **Plums**
Potatoes **Raspberries** **Salad Greens**
 Summer Squash **Tomatillos** Tomatoes
Watermelons Winter Squash



SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

Apples **Arugula** Beans **Beets** Berries
 Broccoli **Brussel Sprouts** **Cabbage**
Carrots Cauliflower **Celery** **Chard**
Collards Corn **Cucumbers** Edamame
Eggplant Fennel **Garlic** Grapes
 Herbs **Kale** Kiwi **Kohlrabi** **Leeks**
Lettuces **Mulberries** Mushrooms
Muskmelons Onions **Parsnips**
 Paw Paws **Peaches** Pears **Peppers**
Plums **Potatoes** **Pumpkins** **Radishes**
Raspberries **Salad Greens** Spinach
Sugar & Snap Peas Summer Squash
Sweet Potatoes **Tomatillos** **Tomatoes**
 Turnips **Watermelons** Winter Squash

Apples **Arugula** **Beets** **Broccoli**
 Broccoli Rabe **Brussel Sprouts**
 Cabbage **Carrots** Cauliflower **Celery**
Chard **Chestnuts** Collards **Edamame**
Eggplant **Escarole** Fennel **Garlic**
 Ginger **Green Beans** Herbs **Kale**
 Kohlrabi **Leeks** Lettuces **Mache**
 Mushrooms **Onions** Parsnips
Pears Peas **Peppers** Persimmons
Potatoes **Pumpkins** **Quince** Radishes
Raspberries **Salad Greens** **Spinach**
 Summer Squash **Sweet Potatoes**
 Tomatoes **Turnips** Winter Squash

Apples Beans **Beets** **Broccoli**
 Broccoli Rabe **Brussel Sprouts**
 Cabbage **Carrots** Cauliflower **Celery**
Chard **Collards** Fennel **Garlic** Herbs
Horseradish **Kale** **Kohlrabi** Leeks
Lettuces Mushrooms **Onions**
 Parsnips **Pears** Persimmons **Potatoes**
Pumpkins **Quince** Radicchio
Radishes **Salad Greens** **Spinach**
 Sweet Potatoes **Turnips** Winter Squash

Apples **Beets** Brussel Sprouts
Cabbage Carrots **Cauliflower** **Celery**
Garlic **Kale** **Kohlrabi** Leeks **Lettuces**
 Onions **Mushrooms** Parsnips **Pears**
 Turnips **Potatoes** **Pumpkins** **Radishes**
Salad Greens **Sunchokes** Sweet
 Potatoes **Winter Squash**