

## Family Food Traditions - Rice

Families from all around the world cook and eat rice in their own special ways. Examples might be rice mixed with beans, in soup, with greens, fried with veggies and eggs, as a sweet pudding, or with chicken. How does **your** family cook and eat rice?

Interview a family member, relative, friend, neighbor or elder in your life to learn about their favorite way of eating rice.

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### **Interview Questions:**

What is your favorite way to eat rice?

What do you like about this way of eating rice? (Flavor, smell, color) Describe the dish or recipe to me.

Why is this way of eating rice special to you?

Where does this rice recipe or way to eat rice come from? Did you learn it from your parents or grandparents? Does it come from another country? A favorite restaurant?

Is there a particular occasion when you eat rice this way (birthday or holiday?) Can you describe the occasion? What is everyone doing? Who is cooking?

Once you have completed your interview, use your notes to write about what you learned from this person about cooking and eating rice. Share your writing with us by [emailing us](#) or sending us a message on Instagram [@foodprintsdc](#).