

Become a Food Critic

Food Critics are people that get to eat food for work (really!), and then write about the food for newspapers, magazines, websites, and social media. Food Critics are great at writing about food because ***they use all 5 Senses to describe the foods they eat.*** You can work on developing this skill by practicing with fruits and vegetables in your kitchen!

First, pick out a fruit or vegetable that you can taste. (For example, apple slices or carrot sticks would be a great choice!)

Next, write the name of the fruit or vegetable: _____

Then, in the space below, draw a picture of the fruit or vegetable you are about to explore:

Now, write engaging sentences that describe this food using each of your 5 senses and specific adjectives, such as *bright, juicy, savory, salty, sour, salty, rough & crunchy.*

I think it LOOKS ...	
I think it SMELLS ...	
I think it FEELS ...	
I think it SOUNDS ...	
I think it TASTES ...	

Finally, share your work! With an adult's help, take a photo of your worksheet, and they can help you send it to us on [Instagram](#) or [Email](#). (Include your name, grade, and school if you want!)